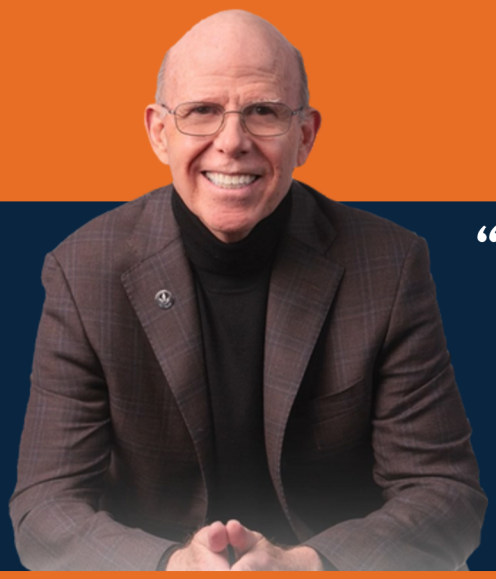


MAXIMIZEYou

"I BUILD PEOPLE, PEOPLE BUILD A BUSINESS"

DENNIS DOWDELL

INCREASE PRODUCTION, COMMUNICATION AND RELATIONSHIPS
DEVELOP FUTURE LEADERS

- **45 years of experience** building people and teams in over 50 countries
- Developed over **250,000** individuals who effectively contribute to a common vision
- Trained small groups globally through different platforms, from keynote addresses to stadiums from **7,000** stages
- An International Best-Selling Author of **MAXIMIZING YOU**

Dennis Dowdell equips leaders and teams with tools that boost engagement, productivity, and the bottom line—benefiting companies, families, and communities. Once a school bus driver seeking more from life, Dennis discovered a passion for impacting others. He builds people, and people build business. With a gift for spotting hidden potential, he helps others uncover talents, grow confidence, and understand their choices to become more effective personally and professionally. His unique people skills transcend culture and status, offering practical principles for immediate application. Known for his relevant, memorable perspective, Dennis founded Maximize You Inc. to share his journey and success worldwide.

CONTACT

MaximizeYou.com
Dennis@MaximizeYou.com
949-285-0785

SPEAKING EXPERIENCE:

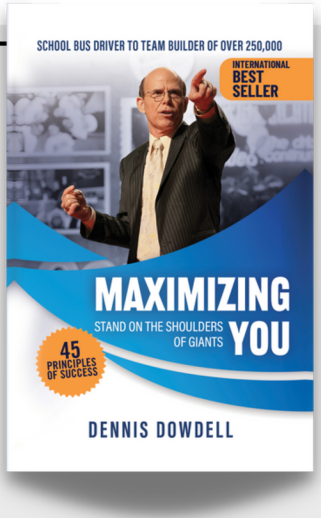
- Columbia University Blu Tak
- Maximize Your Potential - Guadalajara MX
- Future Presidents Team Retreat - Dublin Ireland
- Honors - Mark Hughes Bonus Awards - Los Angeles
- Elevate weekend - New jersey
- New Life Weekend - Oklahoma
- Herbalife Extravaganza - 2011, 2013,2015, 2018, 2021, 2025
- January Kickoff - 2000 thru 2022
- Leadership Development Weekend - 2000 thru 2023
- Leadership Brazil
- Leadership Portugal
- Success Training Seminar - 2000 thru 2023

PRESENTATION TOPICS * WORKSHOPS * KEYNOTES

- PURPOSE **-The Reason You Can Do More and Do It Better. Discovering your purpose can become the guide for your life.**
- PERSONAL DEVELOPMENT **- From Caterpillar to Butterfly: The Transformation. Apply principles that create alignment, and you will fulfill your purpose.**
- MINDSET **– Get control of your thoughts for optimum outcomes. Learn how to create and maintain a mindset that moves you forward.**
- PEOPLE SKILLS **- The Introvert's Guide to a Successful First Impression. Discovery tools for better communication, understanding, and identifying others.**
- LEADERSHIP **-The Art of Herding Cats. Transform followers into leaders—and leaders who inspire.**
- BALANCE **- Successfully Spin Multiple Plates Without Crashing. Learn how to integrate all the pieces of your life with outstanding outcomes.**

TESTIMONIALS

"Dennis' wisdom is timeless."
Jill Addy International Business Owner

"The principles Dennis shares helps make sense out of life through right thinking, people skills, and leadership concepts." Joseph McClendon III, Ultimate Performance Specialist

"These 45 principles can make a difference in a team of any size."
Bobb Biehl, Executive Mentor